

# MASTER GROCERY LIST

[www.raisingarrows.net](http://www.raisingarrows.net)

## BAKING

___ Brown Sugar ___	___ Coconut Oil ___	___ Evaporated Milk ___	___ Almonds ___
___ Raw Sugar ___	___ Sesame Oil ___	___ Yeast ___	___ Honey ___
___ Powdered Sugar ___	___ Canola Oil ___	___ Corn Muffin Mix ___	___ Pecans ___
___ Baking Soda ___	___ Olive Oil ___	___ Yellow Cake Mix ___	___ Walnuts ___
___ Baking Powder ___	___ Pan Spray ___	___ Muffin Cups ___	___ Molasses ___
___ Cream of Tartar ___	___ Shortening ___	___ Shredded Coconut ___	<b><u>Herbs/Spices:</u></b>
___ Sea Salt ___	___ Corn Meal ___	___ Raisins ___	___ _____
___ Wheat berries ___	___ Powd. Buttermilk ___	___ Dried Cranberries ___	___ _____
___ Unbleached Flour ___	___ Powdered Milk ___	___ Chocolate Chips ___	___ _____

OTHER: \_\_\_\_\_

## CONDIMENTS

___ Bouillon ___	___ Bread Crumbs ___	___ Salsa ___	___ Lemon Juice ___
___ Mustard ___	___ Peanut Butter ___	___ Hot Sauce ___	___ Minced Garlic-jar ___
___ Ketchup ___	___ Jelly ___	___ Pure Maple Syrup ___	___ Soy Sauce ___
___ Parmesan ___	___ White Vinegar ___	___ Balsamic Vinegar ___	___ Apple Cider Vinegar ___
___ Mayonnaise ___	___ Worcestershire Sauce ___	___ BBQ Sauce ___	___ Ranch powder ___
___ Ranch Dressing ___	___ Onion Soup ___		

OTHER: \_\_\_\_\_

PASTA/RICE

\_\_\_ Spaghetti \_\_\_

\_\_\_ Lasagna Noodles \_\_\_

\_\_\_ Wide egg noodles \_\_\_

\_\_\_ Macaroni \_\_\_

\_\_\_ Rice \_\_\_

OTHER: \_\_\_\_\_

FRESH FRUITS & VEGETABLES

\_\_\_ Potatoes \_\_\_

\_\_\_ Lettuce \_\_\_

\_\_\_ Red Onions \_\_\_

\_\_\_ Red Potatoes \_\_\_

\_\_\_ Bag Coleslaw \_\_\_

\_\_\_ Celery \_\_\_

\_\_\_ Tomatoes \_\_\_

\_\_\_ Broccoli \_\_\_

\_\_\_ Baby Carrots \_\_\_

\_\_\_ Green Peppers \_\_\_

\_\_\_ Yellow Onions \_\_\_

\_\_\_ Green Onions \_\_\_

\_\_\_ Strawberries \_\_\_

\_\_\_ Bananas \_\_\_

\_\_\_ Apples \_\_\_

OTHER: \_\_\_\_\_

DAIRY

\_\_\_ Butter \_\_\_

\_\_\_ Eggs \_\_\_

\_\_\_ Sour Cream \_\_\_

\_\_\_ Cream Cheese \_\_\_

\_\_\_ Shredded Cheese \_\_\_

\_\_\_ Cream \_\_\_

\_\_\_ Yogurt \_\_\_

\_\_\_ Cheese Slices \_\_\_

\_\_\_ Cottage Cheese \_\_\_

\_\_\_ Milk \_\_\_

\_\_\_ Refrig Crescents \_\_\_

OTHER: \_\_\_\_\_

MEATS

\_\_\_ Turkey Bacon \_\_\_

\_\_\_ Ham \_\_\_

\_\_\_ Hot Dogs \_\_\_

\_\_\_ Crab Meat \_\_\_

\_\_\_ Sausage \_\_\_

\_\_\_ Sausage Links \_\_\_

\_\_\_ Froz Chicken Breast \_\_\_

\_\_\_ Deli Meat \_\_\_

\_\_\_ Pepperoni \_\_\_

\_\_\_ Hamburger \_\_\_

OTHER: \_\_\_\_\_

SNACKS & BREADS

\_\_\_ Graham Crackers \_\_\_

\_\_\_ Other chips \_\_\_

\_\_\_ Cereal \_\_\_

\_\_\_ Oats \_\_\_

\_\_\_ Snack Crackers \_\_\_

\_\_\_ Hamburger Buns \_\_\_

\_\_\_ Hot dog buns \_\_\_

\_\_\_ Tortillas \_\_\_

\_\_\_ Oyster Cracks \_\_\_

\_\_\_ Popcorn \_\_\_

\_\_\_ Coffee \_\_\_

\_\_\_ Tea Bags-decaf \_\_\_

\_\_\_ Tortilla Chips \_\_\_

\_\_\_ Corn Chips \_\_\_

\_\_\_ Loaf bread \_\_\_

OTHER: \_\_\_\_\_

CANNED GOODS

\_\_\_ Green Beans \_\_\_

\_\_\_ Corn \_\_\_

\_\_\_ Chunk Chicken \_\_\_

\_\_\_ Garbanzo Beans \_\_\_

\_\_\_ Tomato Paste \_\_\_

\_\_\_ Mushrooms \_\_\_

\_\_\_ Black Beans \_\_\_

\_\_\_ Chili Beans \_\_\_

\_\_\_ Tomato Sauce \_\_\_

\_\_\_ Green Chilis \_\_\_

\_\_\_ Kidney Beans \_\_\_

\_\_\_ Cream of Mushroom \_\_\_

\_\_\_ Diced Tomatoes \_\_\_

\_\_\_ Black Olives \_\_\_

\_\_\_ Cream of Chicken \_\_\_

\_\_\_ Maraschino Cherries \_\_\_

\_\_\_ Crushed Pineapple \_\_\_

\_\_\_ Chunk Pineapple \_\_\_

\_\_\_ Peaches \_\_\_

\_\_\_ Fruit Cocktail \_\_\_

\_\_\_ Pears \_\_\_

\_\_\_ Mandarin Oranges \_\_\_

OTHER: \_\_\_\_\_

FROZEN

\_\_\_ Peas \_\_\_

\_\_\_ Mixed Veggies \_\_\_

\_\_\_ Fruit \_\_\_

\_\_\_ Whip Cream \_\_\_

\_\_\_ Broccoli \_\_\_

\_\_\_ Corn \_\_\_

OTHER: \_\_\_\_\_

MISCELLANEOUS

\_\_\_\_ Small Ziploc \_\_\_\_

\_\_\_\_ Dish Soap \_\_\_\_

\_\_\_\_ Paper Towels \_\_\_\_

\_\_\_\_ Dental Floss \_\_\_\_

\_\_\_\_ Large Ziploc \_\_\_\_

\_\_\_\_ Sponges \_\_\_\_

\_\_\_\_ Paper plates \_\_\_\_

\_\_\_\_ Toothpaste \_\_\_\_

\_\_\_\_ Aluminum foil \_\_\_\_

\_\_\_\_ Toilet bowl cleaner \_\_\_\_

\_\_\_\_ Trash Sacks \_\_\_\_

\_\_\_\_ Mouthwash \_\_\_\_

\_\_\_\_ Cling Wrap \_\_\_\_

\_\_\_\_ Dusting Spray \_\_\_\_

\_\_\_\_ Toilet Paper \_\_\_\_

\_\_\_\_ Female \_\_\_\_

\_\_\_\_ Wax Paper \_\_\_\_

\_\_\_\_ Antibacterial Spray \_\_\_\_

\_\_\_\_ Laundry Detergent \_\_\_\_

\_\_\_\_ Dryer Sheets \_\_\_\_

\_\_\_\_ Washing Soda \_\_\_\_

\_\_\_\_ Spot Shot \_\_\_\_

\_\_\_\_ Borax \_\_\_\_

\_\_\_\_ Glass cleaner \_\_\_\_

\_\_\_\_ Bar soap \_\_\_\_

\_\_\_\_ Soap refill \_\_\_\_

OTHER: \_\_\_\_\_

NOTES